

Persistence

Individuals must understand that life can throw them some curve balls, and everything may not go exactly how they might have planned, but Game Winners Foundation will be there to encourage them to keep working toward their goal despite the resistance. We believe that the resistance means that you are getting closer to your goal.

PERSISTENCE SIX WEEK PROGRAM

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WEEK 1: MOTIVATION

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WEEK 2: PERSEVERANCE

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WEEK 3: DECISION MAKING

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WEEK 4: PREPARATION

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WEEK 5: VALIDATION: WHY KEEP GOING

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WEEK 6: BALANCING ALL ASPECTS

